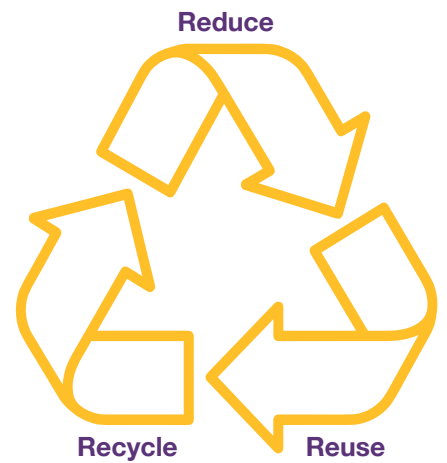


Warrigal

Sustainable Living Series

Waste & Recycling



Enjoy our latest guide, designed to help you live and enjoy a more sustainable lifestyle.

Living a sustainable lifestyle is easy and all it takes is making small changes in our everyday lives, including reducing our household waste. Around **half** of the waste placed in an average household red lid rubbish bin could be composted (put in the green lid bin) or recycled (put in the yellow lid bin). This guide will help you better understand waste and recycling to enable you to reduce your environmental impact and create a healthier world now and into the future.



Did you know?

This is how long it takes each of these items to breakdown in landfill...



Paper Towel
2 - 4 Weeks



Apple Core
2 Months



Aluminium Can
80 - 200 Years



Plastic Bottle
500 Years



Glass Bottle
1,000,000 Years

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Reduce

Reduce means using less to avoid waste from the start. You can achieve this by:

- Buy quality items that last longer
- Take reusable grocery bags to the shops
- Go paperless for your bills and say no to junk mail
- Use a reusable bottle/cup for drinks on-the-go like takeaway coffee and water

Reuse

Reuse means using things again, instead of throwing them away. You can achieve this by:

- Repairing broken items, rather than throwing them away
- Offer unwanted items such as clothes, furniture or household items to family or friends, or donate them to charity

Recycle

Recycling is the process of collecting and processing materials like used paper, plastic, metal cans and glass, so they can be turned into new products again.

For example, recycling an aluminium drink can requires about 95% less energy than producing them from scratch. Most items in our homes and cars such as steel, glass, plastic & paper have originally come from natural resources. Recycling these items saves landfill space, disposal costs and our precious limited natural resources.

Return & Earn Container Deposit Schemes are another great way to recycle whilst also receiving 10 cents per item deposited.

The easiest way to recycle is to use a yellow-lid mixed recycling bin (also known as commingled) for these precious items.

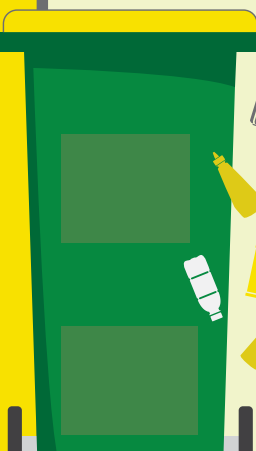
Do you need help with your wheelie bins?

Home Services only – Many councils, like Wollongong and Shellharbour, offer a Wheel Out/Wheel In waste service for special needs households who, by nature of a verified, permanent or long-term medical condition, cannot physically present bins to the kerbside. There is a fee for this service so please contact your local Council for further assistance.

Recycling - so, what can and cannot go in your yellow-lid recycling bin?

Do not put recyclables into the recycling bin in a plastic bag. Keep them separate and loose.

Soft plastics (that you can scrunch into a ball) can be recycled separately at some supermarkets or through local Council 'Soft Plastic Recycling Dropoff' events. Check your local supermarket for participation or your Council website for local events.



✓ YES

- Unsoiled Paper & Cardboard
- Steel & Aerosol Cans
- Glass Bottles & Jars (Keep Lids On)
- Aluminium Cans, Trays & Clean Foil
- Milk & Juice Cartons
- Rigid Plastic Containers (Keep Plastic Lids On)

✗ NO

- Plastic Bags, Soft Plastics & Biodegradable Bags
- Food Scraps
- Shredded Paper, Soiled Paper & Pizza Boxes
- Paints, Oils & Other Hazardous Materials*
- Batteries*
- Polystyrene Foam*
- Building Waste & Scrap Metal
- Crockery, Pyrex & Glassware
- Disposable Cups, Plates & Utensils
- Clothing & Linen
- Garden Hose & Planting Pots
- Garden Waste
- e-Waste*
- Disposable Nappies & Personal Hygiene Products

General Waste

Although the red lid bin takes general waste that cannot be recycled, there are some items that are hazardous and **MUST NOT** be placed in any household bin including batteries, gas bottles, syringes, asbestos, liquids and paints. **So what can and cannot go in your red lid general waste or rubbish bin?**



✓ YES

- General Waste that cannot be Recycled
- Plastic & Biodegradable Bags
- Disposable Nappies & Personal Hygiene Products
- Pet Waste & Kitty Litter
- Polystyrene Foam*
- Garden Hose & Plant Pots
- Soft Plastics, Biscuit & Chip Packets
- Clothing & Linen
- Crockery, Pyrex & Glassware
- Disposable Cups, Plates & Utensils

✗ NO

- Gas Bottles & Fire Extinguishers*
- Paints, Oils & Other Hazardous Materials*
- Batteries*
- Building Waste & Scrap Metal Rocks & Soil
- Syringes
- Fluorescent Globes & Tubes*
- e-Waste*
- Food Scraps

What is FOGO?

FOGO stands for **Food Organics, Garden Organics** and is a recycling service that allows residents to recycle food scraps and garden waste. FOGO helps to reduce landfill waste, minimise the production of methane gas (a strong greenhouse gas), and create valuable compost for gardening and landscaping.

If you have one, using the green lidded FOGO bin is an easy way to reduce landfill and to live more sustainably. It is already available or being introduced in many areas of NSW and the ACT. You can use compostable liners (often a green-coloured bag) for FOGO if they are AS 4736 compliant, so check the packaging label.

So what can and cannot go in your FOGO bin?



Specialised Recycling

Type of item	Contact Number and Details
Computers, IT & Old Mobile phones	Contact your local council for e-waste management services or go to www.recyclamate.com.au/
Household Batteries	Bunnings, Coles, Aldi and Woolworths offer a free recycling service for household batteries in every store.
Ink printer cartridges	Drop used ink printer cartridges off for free at Officeworks/ Australia Post/ Harvey Norman/ JB HiFi/ The Good Guys
Bed Mattresses	To recycle your mattress, contact Soft Landing on 1800 763 852 or www.softlanding.com.au to pick up for a small fee
Fridge	You can drop off old fridges to your local Community Recycling Centre or try www.recyclamate.com.au/
Secondhand Clothing	Drop off at your local Op (Thrift) Shop, Charity Clothing Bin or Warrigal Opportunity Shop at 1 Arcadia Street, Warilla
Reusable furniture & other items	Drop off unwanted saleable items at your local Resource Recovery/Recycling Centres or Op Shops or try Salvos
Reading Glasses	Drop off unused reading glasses at Specsavers Stores, who donate them to developing countries
Medicine	Unwanted and out of date medications can be returned to your local pharmacy where they will be disposed of safely
Blister packs	Medication blister packs can be dropped off at Blooms the Chemist/Chemist Warehouse/Priceline Pharmacy
Chemicals, paints & oils	Chemicals are collected periodically by the local Council or check www.reyclamate.com.au